

Life Group Application Questions When A Woman Has Full Hands

1. Do you feel overwhelmed by the fullness of your hands at this season?
 - a. Share with the group where you feel overwhelmed?
 - b. How can some piece of the Gospel encourage you and give hope with your full hands?

2. Why is it dangerous to build your identity in how you mother?
 - a. Why is it dangerous to build our identity in anything other than Christ and his finished work?
 - b. What are the most common identity issues mothers have?

3. Read Ephesians 3:16. Why are full hands a wonderful opportunity to experience the power of the Holy Spirit?
 - a. How does this truth help you to be encouraged during seasons where your hands are full?

4. Read Ephesians 3:17-19. How can knowing the love of Christ and the love we express to our children through full hands connect us to the Gospel message?

5. Explain the connection between Ephesians 3:19 and the following quote by Jerry Bridges. "Your worst days are never so bad that you are beyond the reach of God's grace. And your best days are never so good that you are beyond the need of God's grace."

Outline on back:

Full Hands – Ephesians 3:14-21

1. The fullness of your hands is an opportunity to build an eternal hope – 1 Pt. 1:3-5; 2 Cor. 4:16-18
2. The fullness of your hands is an opportunity to build you identity in Christ – Col 3:1-3
3. The fullness of your hands is an opportunity to rely on the Holy Spirit for strength – Eph. 3:16
4. The fullness of your hands is an opportunity to grow in faith about Christ's love for you – Eph. 3:17
5. The fullness of your hands is an opportunity to treasure the love Christ has for you – Eph. 3:18
6. The fullness of your hands is an opportunity to enjoy the fullness of God's grace – Eph. 3:19

Life Group Discussion Questions on Back: